



### **Lesson Plan**

**Lesson:** Teaching about Autism after reading Hal and The End Street book

**Objective:** To help students get a better understanding of autism and how they can help fellow students

**Materials:** Hal and The End Street book, Downloadable teaching resources from <https://halsbooks.co.uk/school-resources/> Felt tips pens or pencils for colouring in.

### **Procedure:**

#### **12.00 – 12.15**

Talk about Autism and how it affects a child, particularly with anxiety.

You may wish to include certain traits that autistic children may find difficult for example becoming anxious because of noise, a break in routine or not being able to communicate.

#### **12.15 – 12.30**

Discuss with the class what made Hal feel anxious and why.

Discuss with the class how Hal used different strategies to cope with his anxiety. Who helps Hal and how does that make him feel?

Consider how the class could help others with autism and what would they do to help someone with autism.

#### **12.30 – 12.45**

Hand out the Hal speech bubble colouring in pages and felt tip pens and or colouring pencils.

Explain that on each of the pages the class can use their own words to explain how Hal was Feeling, what Jenny is thinking when she helps Hal and how Jenny makes Hal feel.

Have copies of Hal and the End Street to hand on the tables so that the pupils can refer to Hal's feelings.

Colour in the pictures once the feelings have been written.

### **12.45 – 1.30**

Allow plenty of time for the colouring in and descriptions to be added.

Table groups may want to discuss the feelings between themselves before filling in the sheet. Ensure that a selection of illustrations are available on each table and more than one can be filled in and coloured in.

Go around and ask if the students require help with describing Hal's feelings. Refer to the book so that students can relate to Hal and how he feels.

Discuss how applying his strategies this made him feel better.

### **1.30 – 1.50**

Ask children to share their findings with the class and explain the words that they used in the speech bubble pictures.

Discuss how the class could help individuals with autism and ask them to come up with suggestions and examples of how they could adjust their behaviour to help others.

### **1.50 – 2.05**

Wrap up the session with a summary about autism. Go over how classmates may help others with autism and how they may use strategies to help themselves cope with anxious situation.

### **2.05 – 2.15**

Tidy up art materials and display pictures on the class notice board.

